



Date: February 15, 2010

To All Directors of Student Activities:

I am a professor at Cal State San Marcos, and recently had Nick Arandes come and speak to four of my Sociology classes. I originally heard Nick speak about a month ago about New Year's Resolutions. I was so impressed by his talk, I asked if he could come and speak to my classes.

Nick's talk was inspirational and funny and motivating for the students. He talked about the importance of following your dreams and how to discover what those dreams are. He helped students understand that the relationship one has with oneself is the most important one. Many students stayed after his talk to ask questions. There was complete silence during his talk because everyone was listening so intently. (I checked and no one was sleeping!)

I can't think of a better speaker for the campus-wide lecture series. I think Nick has a unique gift where he can motivate others to find the right path for them, especially those that are struggling. For all those students who don't know what they are going to do with their lives, attending Nick's lecture would be a giant step in the right direction.

Feel free to contact me if you have any further questions.

Sincerely,

Patty Oneal, MS, MFT
